

Welcome

Kim Wrigley
End of Life Care Lead -
GMCCN

End of Life Care is care that:

*“Helps all those with advanced, progressive incurable illness to live as well as possible until they die. It **enables** the supportive and palliative care needs of both patient and family **to be identified and met** throughout the last phase of life and into bereavement. It includes management of pain and other symptoms and provision of psychological, social, spiritual and practical support”*

Background / Context

- Building on the best – (2003)
- NICE Guidance – Improving Supportive and Palliative Care for Adults with Cancer – (2004)
- Darzi NHS Next Stage Review – (2007)
- Healthier Horizons for the Northwest – (May 2008)
- National End of Life Care Strategy – (July 2008)
- Living well with Dementia: A National Dementia Strategy February 2009)

Key areas to be addressed by the Strategy

- Raising the profile of end of life care
- Strategic commissioning
- Identifying people approaching the end of life
- Care planning
- Coordination of care
- Rapid access to care
- Delivery of high quality services in all locations
- Last days of life and care after death
- Involving and supporting carers
- Education and training
- Measurement and research
- Funding

Challenges in end of life care

- As a society we do not talk openly about death and dying
- Health and social care staff often find it difficult to initiate discussions with people who are nearing the end of life.
- In the absence of open discussions it is difficult to elicit people's needs and preferences for care.
- Coordination of care is often poor.
- Community services are not always able to respond and support 24/7
- Inadequate training and education results in people's needs being unmet.
- Health and social care professionals do not always know how to manage the dying phase.
- Issues arise after death e.g. verification/certification of death
- Inadequate support for carers into the bereavement phase.
- Suboptimal care of those with complex physical, learning or mental disabilities .

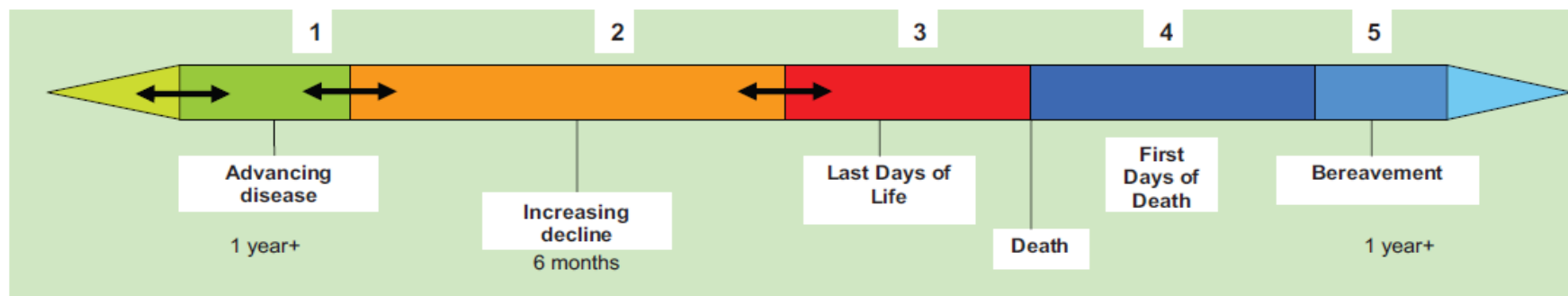
The Vital Sign

- The key measure of progress against the End of Life Care Strategy is the proportion of all deaths that occur at home.
- The latest ONS figures show:
 - Deaths in Hospital 55%
 - Deaths at home 20%
 - Deaths in care homes 17%

Developments in End of Life Care

- Implementation of the end of life care tools
- Care homes programme
- “Dying Matters lets talk about it” campaign
- Communication skills training across all levels
- Conversations for life programme
- Spiritual / bereavement support/services
- Social care framework for end of life care
- Education programme for GP’s
- Education scoping exercise c/o UCLAN
- Competences and principles in end of life care and e-ELCA.
- Research and development

NORTH WEST END OF LIFE CARE MODEL



Single Assessment process completed
Carer need assessment completed
GSF/KITE initiated
Advance Care Planning
GSF/KITE meetings
Prognosis communicated
Key worker team nominated
Patient-held record issued

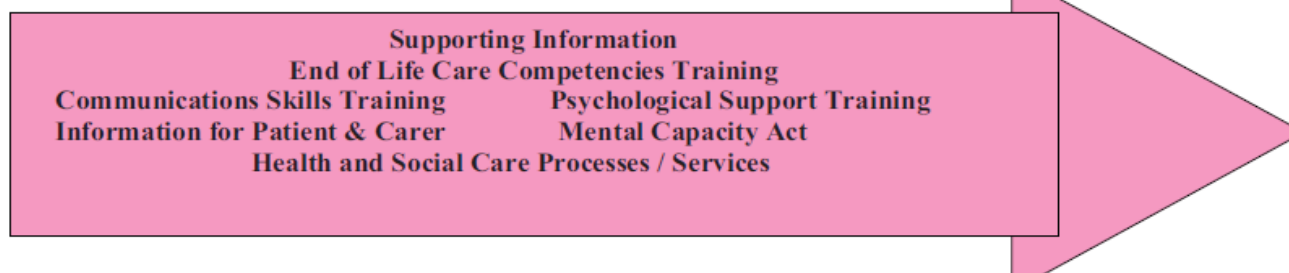
DS1500 completed
ACP initiated
OOH, informed of ACP
Respite care arranged
DNAR Initiated by GP
Update NWS with DNAR & Care Planning Info

Anticipatory medications initiated
Anticipatory medications supplied
Fast track to fully funded Continuing Health Care
Support arranged for provision of terminal care at home
ACP reviewed

Liverpool care of the Dying Pathway initiated
Out of Hours updated
Update NWS

Verification of death
Certification of death completed
Death registration
Funeral Director
Significant event analysis reviewed in MDT
Care after death section of LCP goal 12
DWP1027
Notify NWS

Psychological support
Ongoing bereavement support
Counselling support
Signposting to providers



End of Life Care and Learning Disabilities

- Representation on the Palliative and End of Life Care Cross Cutting Group
- Education sessions delivered to specific LD teams
- Funding communication skills training
- Partnership approach to NWJIP, sharing ideas and best practice
- A priority for the National End of Life Care Programme.

“You matter because you are you. You matter to the last moment of your life and we will do all we can, not only to help you die peacefully, but to live until you die.”

**Dame Cicely Saunders
1912 - 2005**



References

- www.endoflifecareforadults.nhs.uk
- www.northwest.nhs.uk/healthierhorizons
- www.e-elca.org.uk
- www.ncpc.org.uk
- www.skillsforcare.org.uk

Thank You

Mrs Kim Wrigley – End of Life
Care Lead (GMCCN)

Kim.wrigley@manchester.nhs.uk