



End of Life Checklist

By Lorraine Youdle

Lead Nurse – Teignbridge
Learning Disability Team

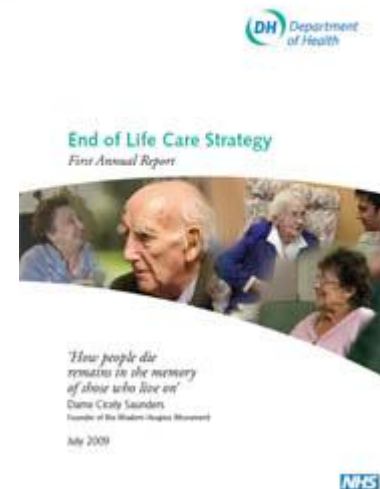
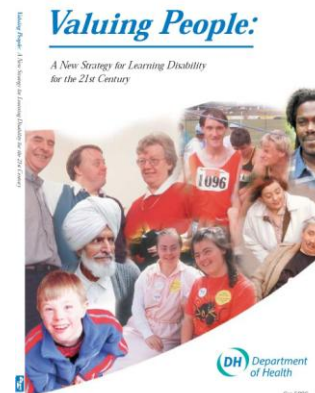
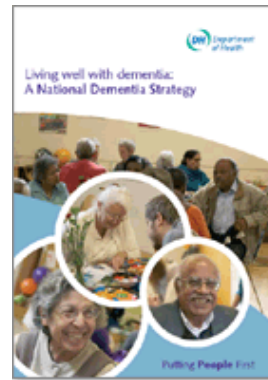
All about me!

- Qualified in 1978.
- Hawkmoor Hospital in Devon.
- The Willows in 1985.
- Teignbridge CLDT in 2006.



Drivers for change

- Gold standards framework (NHS, 2000)
- Valuing People (DH, 2001).
- Improving Supportive and Palliative Care for Adults with Cancer (NICE, 2004).
- Healthcare for All (Michaels, 2008).
- End of Life Care Strategy (DH, 2008).
- National Dementia Strategy (DH, 2009).

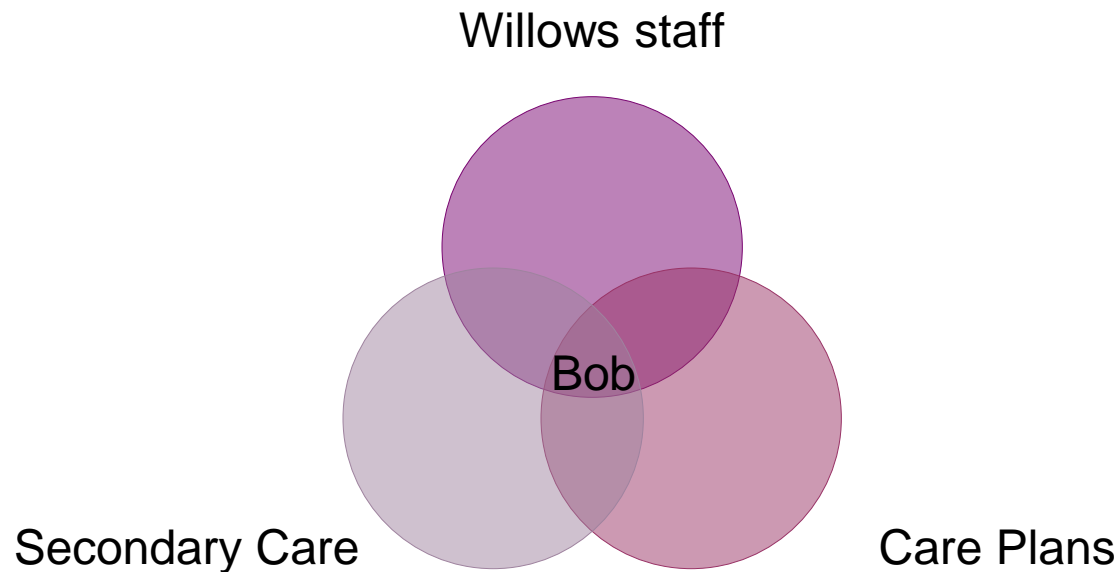




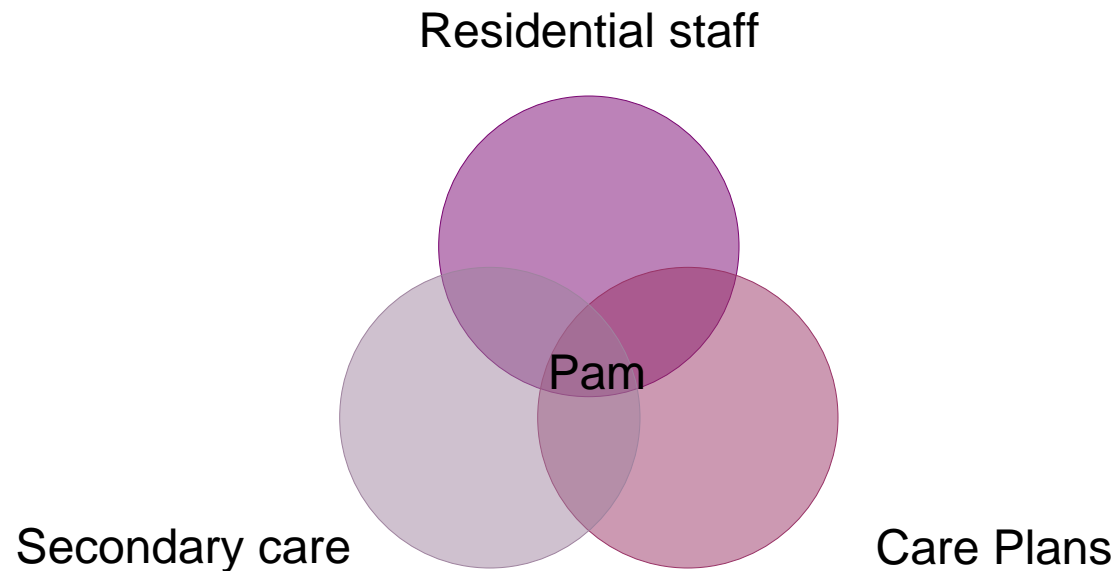
Why??

- Past experience of caring for someone in an inpatient setting.
- Supporting someone in the community.
- Personal experience.
- Gaps in service provision.
- Lack of service co-ordination.
- Supporting other nurses to provide better care.
- Ultimately to improve the care people with learning disabilities receive at the end of life.

Case study - Inpatient



Case study - Community



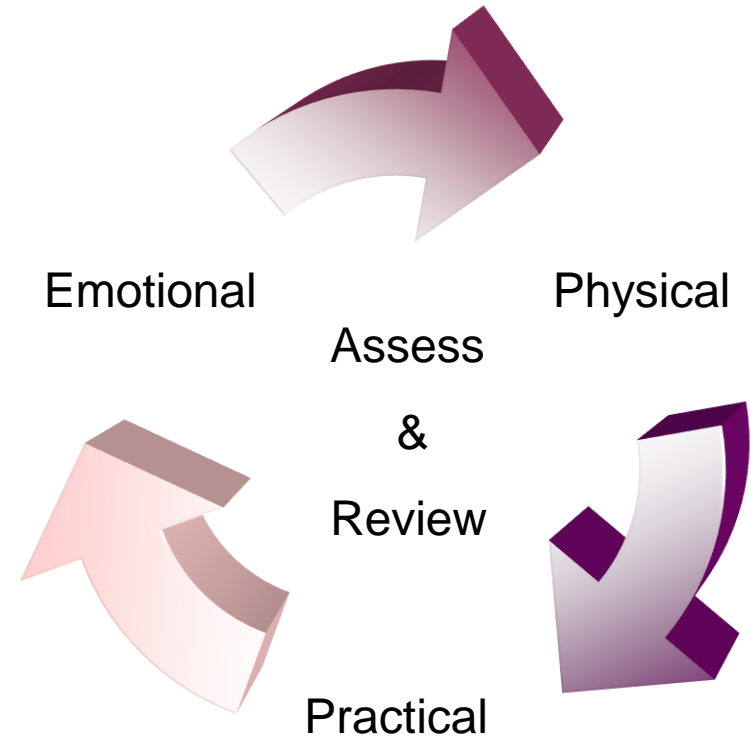


How we did it.....

- Existing knowledge base.
- Sharing good practice.
- Liaising with palliative care services.
- Member of palliative care forum.
- Growing Older with Learning Disabilities special interest group.
- Local learning disability nurses set up working group to develop checklist.

The Checklist

- 3 main domains.
- Initiate early.
- Positive process.
- Points to consider.
- Continuous process.
- Variety of uses.





Checking the Checklist

- Piloted with 6 people.
- Highlighted changes that were needed to the format of the checklist.
- Checklist needed more detail and explanation.
- Information added to assist others in caring for the person.



The journey so far....

- Nomination for the Linda Mc.Enhill award.
- Checklist finalised and produced.
- Sharing good practice both locally and nationally.
- Evaluation of the checklist to be completed for audit.
- Review and update checklist regularly.

What next ??.....The Launch





Thanks

- Palliative care nurse – Vernon Davies.
- Palliative care consultant – Dr. Jo Sykes.
- Learning disability nurses – Fran Mortimore, Raine Rowsell, Angela Burridge, Chloe Mowson, Ellan Corner.
- Secretarial support – Christina Bennett.
- PCPLD for recognising the work.