

# GRASSroots

**Group for Research Advice, Sharing and Support**





The **GRASSroots** group meets every month at

**generate** →

73 Summerstown  
Tooting SW17 0BQ

We talk about  
death and dying



Come and join us  
on a Thursday every month.

**We start at 2.00pm**

**We finish around 4.00pm**

The meetings in autumn 2017 will be on these

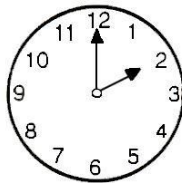
**Thursdays:**

**7 September**

**5 October** visit Trinity Hospice (we think)

**2 November**

**14 December** Christmas party!



To find out more, contact **Jo Giles**







Someone to Talk to  
**WHAT KIND OF SUPPORT DO PEOPLE NEED?**  
FAMILY, PROFESSIONALS

"The hospice was very good because they were very supportive. They have counselling which I thought was really great. And I think it really helps. I think I would never have got over all of it completely if I didn't have counselling. (Female, age 48)

"I can't go to my brother and his family. You must be joking! That's why I like talking to my friend about it" (Female, 42)

**CAN YOU CANCER?**  
**NO JARGON PLEASE**

**4 THEMES**

- PROTECTION
- UNDERSTANDING
- COPING
- SUPPORT
- NEEDING BEING SUPPORTER

Someone to talk to about my feelings and worries

...about it at  
...mum or my sisters.  
...me in a room and I  
...didn't hear about it. I didn't know  
...not nice. I didn't  
...in a room

Protection and inclusion

**MY FAMILY TOLD ME**

My dad  
me home,  
mum was  
sunday

These reflections are based  
...in the way to make them  
...people started to be involved. It helps them see  
...why?

People displayed - all things of great value - eyes, nose





**Support workers**



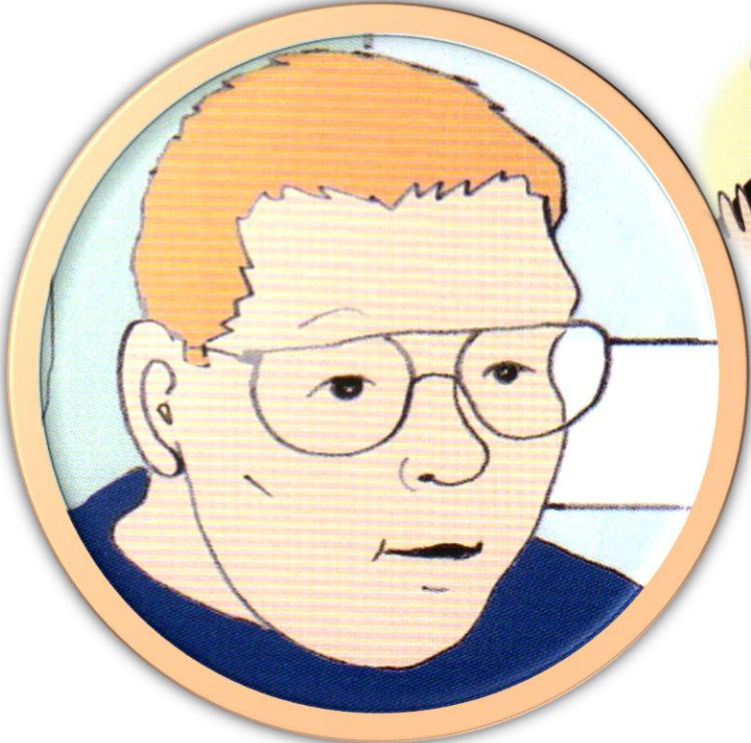
**Friends**



**Doctor**



**Nurse**



**John**



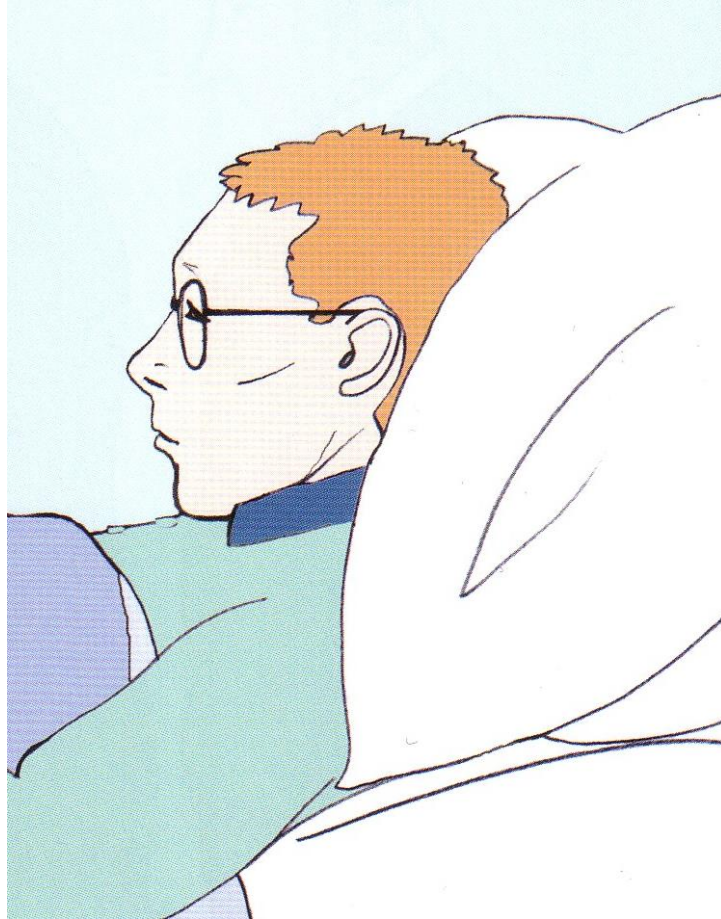
**Mum**



**Brother**







**Should John be told that he is going to die?**



where you can see the text





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#TalkingAboutDyingSurvey







PCPLD Network  
Positive Care for People with Learning Disabilities



## Delivering high quality end of life care for people who have a learning disability

Resources and tips for commissioners,  
service providers and health and social care staff

*'Tell the person the truth. Even if it's  
bad news. Don't be frightened'.*

**GRASSroots group**



PCPLD Network  
Positive Care for People with Learning Disabilities

**NHS**  
England

## Delivering high quality end of life care for people who have a learning disability

Resources and tips for commissioners,  
service providers and health and social care staff

*'Sometimes people know they are going to die, so find a time to talk. To have that opportunity is important. When it's too late, you are gone'.*

**GRASSroots group**





PCPLD Network  
Positive Care for People with Learning Disabilities

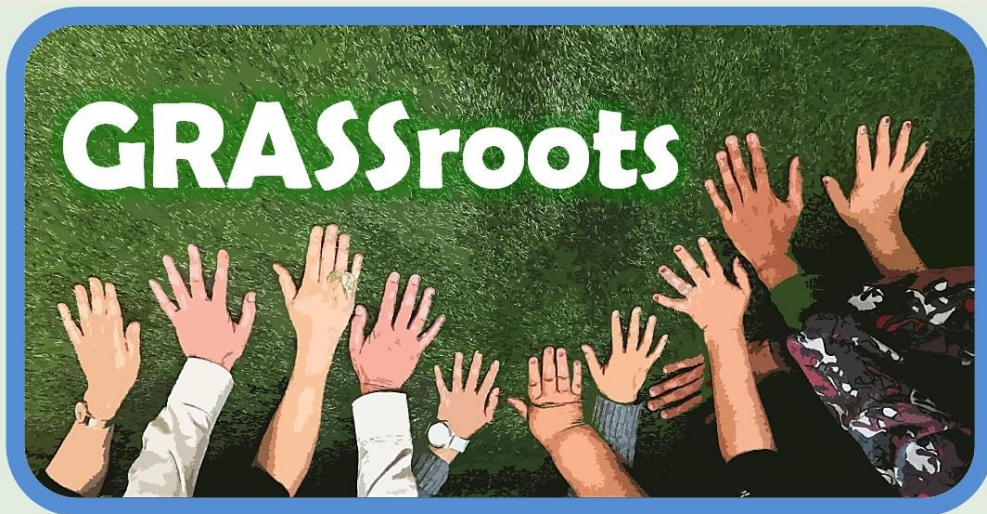
**NHS**  
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## Delivering high quality end of life care for people who have a learning disability

Resources and tips for commissioners,  
service providers and health and social care staff

*'Don't talk behind my back. Sometimes  
they talk to my carer and not to me. Or  
I can hear them talking about me. It's  
horrible. If you've got something to say,  
say it to me!*

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